

## MOTHER

### Transliteration

Yehi Rratzon Lifanecha Hashem elokay velokay avosay Shetichonen Oti Vi'et kol krovay Viteeten Lanu ulichol Yisroel Chaim tovim Vaaruchim Bizchut Avrohom Yitzchok ViYaakov Viha'er Narainu Shelo Yichbeh LiOlam Vaed Vi'Haer Panecha ViNivasaya. Amen

### English

"May it be your will Hashem, my G-d and G-d of my forefathers, that You show favor to me, my family and all of my relatives; and that You grant us and all Israel a good long life; that You cause Your Presence to dwell among us. Privilege me to raise children and grandchildren who are wise and understanding, who will love Hashem and fear G-d, people of truth, in the service of the Creator. Please hear my supplication at this time in the merit of

**Bar Mitzvah:** Abraham Isaac and Jacob

**Bat Mitzvah:** Sarah, Rebecca, Rachel and Leah

and cause our light to illuminate that it be not extinguished forever, and let our countenance shine so that we are saved. Amen."



## FATHER

### Transliteration

Ye'varech'echa Adonoy ve'yish'merecha.

Ya'ir Adonoy panav eilecha viy-chuneka.

Yisa Adonoy panav eilecha, ve'yasim lecha shalom.

**Bar Mitzvah:** Ye'simcha Elohim ke-Avraham, Yitz-chak vi-Ya-a-kov

**Bat Mitzvah:** Ye'simech Elohim ke-Sarah Rivka Rachel ViLeah

### English

May God bless you and watch over you.

May God shine His face toward you and show you favor.

May God be favorably disposed toward you and grant you peace.

**Bar Mitzvah:** May God make you like Abraham, Isaac and Jacob

**Bat Mitzvah:** May God make you like Sarah, Rebecca, Rachel and Leah